



Membership Application Form

www.goAMRA.org

Applicant Information (please complete all sections)

LAST NAME FIRST NAME MIDDLE INITIAL DEGREES

POSITION/ TITLE (spell out) ORGANIZATION/ SCHOOL (spell out)

MAILING ADDRESS STREET NUMBER (Check one: Home or Business)

CITY STATE ZIP CODE COUNTRY

TELEPHONE EMAIL ADDRESS

Membership Categories and Dues

Please check the appropriate membership category below. AMRA membership benefits and details can be viewed online at www.goAMRA.org. Membership is open to all countries.

- Research Professional - \$150/year USD:** To qualify, applicants must have earned a doctoral degree (PhD, MD, DO, PharmD, etc.) or a graduate degree (MS, MA, MPH, MBA, etc.) and are pursuing or conducting research on mindfulness.
- Practice Professional - \$150/year USD:** To qualify, applicants must be currently certified as a mindfulness meditation teacher/facilitator, or currently in training in a mindfulness certification/facilitator program.
- Student - \$65/year USD:** To qualify, applicants must be currently enrolled as a full-time or part-time student at a university, college, or high school (18+ years old). Enclose a copy of your current class schedule with this application.
- Practice Trainee - \$95/year USD:** To qualify, applicants should have a personal objective of becoming a mindfulness teacher/facilitator and/or should have a personal and consistent mindfulness practice (1 or more hours per week).
- Retired - \$85/year USD:** To qualify, applicants must be aged 65+ years old and no longer earning an income from a primary employment. Retired individuals have the option to join the Professional Membership category, if eligible based on Professional Membership criteria.
- Supporter - \$25/year USD:** Supporters are not formal members of AMRA. Rather, they make gifts/donations to support the AMRA mission and associated activities.

Payment Instructions

Enclose this completed form with a dues payment by **check** or **money order** and return it to AMRA at the following address, or join using **credit/debit card** online at www.goAMRA.org

AMRA
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Box 50772
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